

# Eleventh Annual Collective Soul Symposium

*~ Live Internet Activity ~*



Our Calling to Serve Those in Suffering.  
Integrating Spiritual Care in Our Daily Practice

March 4-5, 2022

THE UNIVERSITY OF TEXAS  
MD Anderson  
~~Cancer~~ Center  
Making Cancer History®

Institute  
for Spirituality  
and Health  
ISH  
AT THE TEXAS MEDICAL CENTER

For more information and to register visit  
<https://www.spiritualityandhealth.org/events/collectivesoul2022>



# Eleventh Annual Collective Soul Symposium

## *Our Calling to Serve Those in Suffering.*

### *Integrating Spiritual Care in Our Daily Practice*

#### **INTRODUCTION**

Spirituality and religiosity are recognized as factors that contribute to quality of life and coping strategies in many persons facing life-threatening illnesses. These life-threatening events can also give rise to spiritual distress. When combined with chronic or acute pain and other physical and psychological symptoms, spiritual distress can be a component of a patient's total suffering, which the Palliative Care Team (The Collective Soul) seeks to alleviate, enhancing the Human spirit and creating a healing environment in the middle of the distressful situation. The purpose of this course is to provide a better understanding of the Palliative Care Team's role in enhancing the Human spirit and relieving patient's bio-psychosocial and spiritual suffering.

#### **EVENT FOCUS**

The purpose of this virtual educational event is to provide community-based, hospital, chaplains, ministers and other interested healthcare professionals with skills for a better understanding of the Palliative Care Team role; embracing the Human spirit of patients with advanced illness, multiple physical, psychosocial, spiritual, and religious issues. Attendees at this conference will learn the principles of Palliative Care and Hospice, the state-of-the art of physical, emotional, and spiritual symptom management, as well as, effective communication with patients and families at the end of life integrating Spiritual Care into the Palliative Care practice.

#### **EDUCATIONAL OBJECTIVES**

- Describe the importance and the role of the interdisciplinary team in the palliative care and hospice setting in the care of patients with advanced illnesses and their family in a multicultural environment;
- Apply the principles of management of different distressing physical symptoms of patients with advanced illnesses;
- Utilize the principles of management of distressing emotional and spiritual symptoms in patients with advanced illnesses and their families.

#### **TARGET AUDIENCE**

This activity is aimed at physicians, chaplains, ministers, clergy, spiritual care counselors, nurses, social workers and other healthcare professionals delivering spiritual care in the community and healthcare facilities.

#### **EDUCATIONAL METHODS**

- Didactic/Lecture
- Panel Discussions
- Question and Answer Sessions
- Case Presentations

#### **EVALUATION**

An online course evaluation tool will provide participants with the opportunity to comment on the value of the program content to their practice decisions, performance improvement activities, or possible impact on patient health status. Participants will also have the opportunity to comment on any perceived commercial bias in the presentations as well as to identify future educational topics.

#### **ACCREDITATION/CREDIT DESIGNATION - PHYSICIANS**

The University of Texas MD Anderson Cancer Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Texas MD Anderson Cancer Center designates this live internet course for a maximum of 13.00 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### **ETHICS**

The sessions marked with "\*" have been designated by The University of Texas MD Anderson Cancer Center for 8.25 *AMA PRA Category 1 Credits*<sup>™</sup> in medical ethics and/or professional responsibility.



#### ACCREDITATION/CREDIT DESIGNATION - NURSING

The University of Texas MD Anderson Cancer Center is accredited with distinction as a provider of Nursing Continuing Professional Development by The American Nurses Credentialing Center's Commission on Accreditation.

The University of Texas MD Anderson Cancer Center designates this course will award 13.00 Nursing Continuing Professional Development (NCPD) credits.

#### CREDIT DESIGNATION - SOCIAL WORK

Social Work Credit will be awarded totalling 9.50 CEUs.

#### CE CERTIFICATES/ATTENDANCE VERIFICATION

Certificates awarding *AMA PRA Category 1 Credit*™ or certificates documenting attendance will be emailed when an individual completes the online CME Verification process.

Upon request, a record of attendance (certificate) will be provided via email to other health care professionals for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.

## *The 2022 Steve Thorney Lecture in Spiritual Care Recipient Sunita Puri, MD*

**SUNITA PURI, MD**  
Clinical Associate Professor of Medicine  
Medical Director for Palliative Care  
Lead Ethics Consultant  
Keck Medical Center  
University of Southern California  
Los Angeles, California



## FORMER RECIPIENTS

**Christina Puchalski, MD**  
Professor and Director  
George Washington Institute for  
Spirituality and Health  
George Washington University  
Washington, District of Columbia

**Tracy A. Balboni, MD, MPH**  
Associate Professor and Clinical Director  
Supportive and Palliative Radiology Oncology  
Dana-Farber/Harvard Cancer Center  
Boston, Massachusetts

**Rev. George Handzo, BCC, CSSBB**  
Director  
Health Services Research & Quality  
HealthCare Chaplaincy Network: Caring For The  
Human Spirit™  
New York, New York

**John K. Graham, MD**  
President & CEO  
Institute of Spirituality and Health  
Houston, Texas

**Farr A. Curlin, MD**  
Josiah C. Trent Professor of Medical Humanities  
Co-Director, Theology, Medicine and Culture  
Initiatives at Duke Divinity School  
Duke University  
Durham, North Carolina

**Betty Ferrell, RN, PhD, MA, FAAN, FPCN, CHPN**  
Director and Professor  
Division of Nursing Research and Education  
Department of Population Sciences  
City of Hope National Medical Center  
Duarte, California

**Daniel P. Sulmasy, OFM, MD, PhD**  
Professor of Biomedical Ethics and  
Senior Research Scholar  
Kennedy Institute of Ethics  
Georgetown University  
Washington, District of Columbia

**Eduardo Bruera, MD, FAAHPM**  
Professor and Chair  
Palliative, Rehabilitation & Integrative Medicine  
MD Anderson Cancer Center  
Houston, Texas

# PROGRAM

## Eleventh Annual Collective Soul Symposium

*Our Calling to Serve Those in Suffering. Integrating Spiritual Care in Our Daily Practice*



Friday, March 4, 2022

**NOTE: All time is in Central Standard Time (CST)**

**8:00-8:15 a.m.**      **Welcome and Opening Remarks**  
Marvin Omar Delgado-Guay, MD, FAAHPM

**8:15-8:30 a.m.**      **Invocation/Blessings**  
Ishwaria Subbiah, MD  
Steve Thorney, MDiv, BCC  
Donna S. Zhukovsky, MD, FACP, FAAHPM  
Sister Nguyen Duong, BCC  
Shaykh Basem Hamed, MD

**8:30-9:15 a.m.**      **The Role of Palliative Care in Relieving Suffering \***  
Eduardo Bruera, MD, FAAHPM

**9:15-10:00 a.m.**      **Integrating Spiritual Care Through Clinical Practice, Education and Research \***  
Anne Vandenhoeck, PhD

**10:00-10:05 a.m.**      **Introduction of the 2022 Steve Thorney Award Lecture to Sunita Puri, MD**  
Marvin Omar Delgado-Guay, MD, FAAHPM  
Eduardo Bruera, MD, FAAHPM

**10:05-11:10 a.m.**      **Keynote: Redefining What it Means to Live and Die Well in the Face of Serious Illness \***  
Sunita Puri, MD

**11:10-11:15 a.m.**      Break

**11:15-12:00 p.m.**      **The Colors and Contours of Compassion in Our Daily Practice \***  
Carolyn Jacobs, MSW, PhD

**12:00-12:40 p.m.**      **Islam and Jewish perspectives of Life, Suffering, and a Good Death \***  
Islam: Shaykh Basem Hamed, MD  
Jewish: Rabbi Dan Gordon, MA

**12:40-1:20 p.m.**      **Embracing the Spiritual/Religious Journey of Sexual and Gender Minority Patients with Advanced and Terminal Illnesses \***  
Marvin Omar Delgado-Guay, MD, FAAHPM

**1:20-1:40 p.m.**      Break

**1:40-2:20 p.m.**      **Spiritual/Existential Distress, a Reality in the Life of Patients with Advanced and Terminal Illness \***  
George Fitchett, DMin, BCC, PhD

**2:20-3:00 p.m.**      **Hindu and Buddhist Perspective of Life, Suffering, and a Good Death \***  
Hindu: Smitha G. Mallaiah, MS, C-IAYT  
Buddhist: Alejandro Chaoul, PhD

**3:00-3:40 p.m.**      **Intersection of Faith Community/Church and Medical Community in Moments of Distress Especially During a Pandemic \***  
Rev. Gale Kennebrew, DMin, BCC, ACPE  
Rev. Asa W. Roberts, Jr., MBA, MDiv, DEdMin

**3:40-3:45 p.m.**      Break

**3:45-4:30 p.m.**      **Relieving the Spiritual Suffering of Patients and Caregivers in Times of Crisis: The Collective Soul in Action \***  
Sanam Karedia, APRN  
Avery Virgilio, APRN  
Marvel Bartley, APRN

**4:30-5:00 p.m.**      **A Healing Laugh for the Soul in Times of Crisis**  
Rev. Stephen M. Findley, MDiv, BCC, CLYT

**5:00 p.m.**      **Adjourn**  
Marvin Omar Delgado-Guay, MD, FAAHPM



All statements and opinions contained herein are solely those of the individual speakers and may not reflect those of The University of Texas MD Anderson Cancer Center.

# PROGRAM

## Eleventh Annual Collective Soul Symposium

*Our Calling to Serve Those in Suffering. Integrating Spiritual Care in Our Daily Practice*



Saturday, March 5, 2022

**NOTE: All time is in Central Standard Time (CST)**

- 8:00-8:05 a.m.      **Opening Remarks**  
Marvin Omar Delgado Guay, MD, FAAHPM
- 8:05-8:15 a.m.      **Invocation/Blessings**  
John Graham, MD
- 8:15-9:05 a.m.      **Integration of Spiritual Care in Clinical Practice**  
**(Latin American and African experience)**  
Rev. Jorge Espinel, MDiv, BCC (Colombia)  
Alexandra Aceituno Rios, PhD (Guatemala)  
Richard W. Bauer, MM, BCC, LCSW  
(Nairobi, Kenya)
- 9:05-9:45 a.m.      **I know I'm Dying, But I Am Afraid to Tell My Kids About It. Supporting Children of Parents with Advanced Illnesses**  
Sujin Ann-Yi, PhD
- 9:45-10:25 a.m.      **Harmony and Health: Mind-Body Interventions**  
Gabriel Lopez, MD
- 10:25-10:30 a.m.      Break
- 10:30-11:10 a.m.      **When Death is Not the Only Crisis \***  
Diana Guzman Gutiérrez, MA, LPC
- 11:10-11:50 a.m.      **Healing the Soul through Art**  
Leara Glinzak, ATR-BC, MSAT
- 11:50-12:20 p.m.      **A Healing Through Musical Therapy in the Midst of Living with an Advanced and Terminal Illness**  
Sarah Folsom, MM, MT-BC
- 12:20-12:30 p.m.      **Adjourn and Evaluation**  
Marvin Omar Delgado-Guay, MD, FAAHPM

*The University of Texas MD Anderson Cancer Center has implemented a process whereby everyone who is in a position to control the content of an educational activity must disclose all relevant financial relationships with any commercial interest that could potentially affect the information presented. Specific disclosure will be made to the participants prior to the educational activity.*

*Agendas are subject to change because we are always striving to improve the quality of your educational experience. MD Anderson may substitute faculty with comparable expertise on rare occasions necessitated by illness, schedule conflicts, and so forth.*

*Photographing, audio taping and videotaping are prohibited.*

*The University of Texas MD Anderson Cancer Center does not endorse the commercial products, equipment, or services presented by program supporters/exhibitors.*

*Please let us know what specific topics, issues or questions you wish to see addressed or emphasized in this activity. E-mail Continuing Professional Education. All responses will be forwarded to the Activity Directors for consideration.*



**All statements and opinions contained herein are solely those of the individual speakers and may not reflect those of The University of Texas MD Anderson Cancer Center.**

# SPEAKERS

## Eleventh Annual Collective Soul Symposium

*Our Calling to Serve Those in Suffering. Integrating Spiritual Care in Our Daily Practice*



### MD ANDERSON SPEAKERS

**Sujin Ann-Yi, PhD**

Assistant Professor  
Department of Palliative, Rehabilitation,  
and Integrative Medicine

**Marvel Bartley, APRN**

Advanced Practice Provider  
Department of Palliative, Rehabilitation,  
and Integrative Medicine

**Eduardo Bruera, MD, FAAHPM**

Professor, Co-Activity Director and  
Department Chair - Department of Palliative,  
Rehabilitation, and Integrative Medicine

**Marvin Omar Delgado-Guay, MD, FAAHPM**

Associate Professor and Co-Activity Director  
Department of Palliative, Rehabilitation,  
and Integrative Medicine

**Sister Nguyen Duong, BCC**

Chaplain  
Department of Spiritual Care and Education

**Sarah Folsom, MM, MT-BC**

Music Therapist  
Department of Palliative, Rehabilitation, and  
Integrative Medicine

**Diana Guzman Gutiérrez, MA, LPC**

Sr. Counselor  
Department of Palliative, Rehabilitation, and  
Integrative Medicine

**Sanam Karedia, APRN**

Advanced Practice Provider  
Department of Palliative, Rehabilitation, and  
Integrative Medicine

**Rev. Gale Kennebrew, DMin, BCC, ACPE**

Director  
Department of Spiritual Care and Education

**Gabriel Lopez, MD**

Assistant Professor  
Department of Palliative, Rehabilitation, and  
Integrative Medicine

**Smitha G Mallaiah, MS, C-IAYT**

Sr. Mind-Body Intervention Specialist  
Department of Palliative, Rehabilitation, and  
Integrative Medicine

**Rev. Asa W. Roberts, Jr., MBA, MDiv, DEdMin**

Chaplain  
Department of Spiritual Care and Education

**Ishwaria Subbiah, MD**

Assistant Professor  
Department of Palliative, Rehabilitation, and  
Integrative Medicine

**Avery Virgilio, APRN**

Advanced Practice Provider  
Department of Palliative, Rehabilitation, and  
Integrative Medicine

**Donna S. Zhukovsky, MD, FACP, FAAHPM**

Professor  
Department of Palliative, Rehabilitation, and  
Integrative Medicine

### GUEST SPEAKERS

**Alexandra Aceituno Rios, PhD**

Palliative Psychologist  
Fundacion AMMAR Ayudando.  
Hospice Villa de la Esperanza  
Cdad. de Guatemala, Guatemala

**Richard W. Bauer, MM, BCC, LCSW**

Institute for Spirituality and Health (GWish)  
George Washington University  
Washington, DC

**Alejandro Chaoul, PhD**

Founder and Director  
The Jung Center's Mind Body Spirit Institute  
Houston, Texas

**Reverend Jorge Espinel, MDiv, BCC**

Palliative Care Chaplaincy  
Centro Medico Imabanaco  
Cali, Colombia

**Stephen M. Findley, MDiv, BCC, CLYT**

Founder and Director  
The Shakha Zone  
Houston, Texas

**George Fitchett, DMin, BCC, PhD**

Professor and Director of Research  
Religion, Health and Human Rights  
Rush University Medical Center  
Chicago, Illinois

**Leara Glinzak, ATR-BC, MSAT**

Owner and Art Therapist  
I Light LLC.  
Aurora, Colorado

**John Graham, MD**

President and CEO  
Institute for Spirituality and Health  
Houston, Texas

**Rabbi Dan Gordon, MA**

Temple Beth Torah  
Houston, Texas

**Shaykh Basem Hamid, MD**

Wasat Institute  
Houston, Texas

**Carolyn Jacobs, MSW, PhD**

Professor Emerita of Social Work Smith College  
School of Social Work  
Northampton, Massachusetts

**Steve Thorney, MDiv, BCC**

Retired Palliative Chaplain  
Houston, Texas

**Sunita Puri, MD**

Medical Director, Hospice and Palliative Care  
USC Norris Comprehensive Cancer Center  
University of Southern California  
Los Angeles, California

**Anna Vandenhoeck, PhD**

Chaplain  
Ku Leuven University  
Leuven, Belgium

### Advanced Course Advisory Committee

**Co-Activity Directors:** Marvin Omar Delgado-Guay, MD, FAAHPM and Eduardo Bruera, MD, FAAHPM

**Activity Manager:** Tameka Sneed

Marvel C. Bartley, APRN

Eduardo Bruera, MD, FAAHPM

Marvin Omar Delgado-Guay, MD, FAAHPM

Eric Gagneaux, Manager, Conference Management

Elida Galan, Administrative Support

John Graham, MD

Lisa G. Green., MSN, RN, NPD-BC,

AOCN - Nurse Educator

Chaplain James Hogg, MDiv

Chaplain Cynthia Johnson, BCC

Sanam Karedia, APRN

Stuart Nelson, MA

Anavel Platt, CME Conference Planner

Rev. Asa Roberts, MBA, MDiv, DEdMin

Kimmie Tallie, APRN

Steve Thorney, MDiv, BCC

Avery Virgilio, APRN

# Registration Information

## ~Live Internet Event~

The two-day Collective Soul Symposium will begin on Friday, March 4, 2022, with Opening Remarks at 8:00 am and will adjourn for the day at 5:00 p.m. The symposium will reconvene on Saturday, March 5, 2022 at 8:00 am and adjourn at 12:30 p.m. Advanced registration is encouraged.

Course registration includes on-line materials, presentation video recordings and PowerPoint presentations.

To Register, visit: <https://www.spiritualityandhealth.org/events/collectivesoul2022>

When registering online a receipt/confirmation letter will be automatically e-mailed to the e-mail address you list on the registration form.

### Registration Fees

#### Symposium Fee:

**\$75.00**

(Physicians, Chaplains, Ministers, Clergy, Spiritual Care Counselors, Nurses, Social Workers and Healthcare Professionals)

#### Students:

**\$50.00\***

*\* Students needing assistance will need to write a statement of the reasons*

